

# LIFEGUARDS WANTED SUPERHEROES NEEDED



## *Free Red Cross Lifeguard Certification through Ardmore Parks and Recreation for Employees*

Becoming a lifeguard is an exciting experience, and a great summer job. It is also a way to learn skills that will last you a lifetime.

Ardmore Parks and Recreation is offering free lifeguard certification through the American Red Cross if you are an employee. In case you are curious, yes, they are hiring lifeguards, swimming instructors, cahiers, and managers.

Let's talk about being a lifeguard and why they are so important. The main roles of a lifeguard are to prevent accidents and spot potential trouble or possible hazards before they become life-threatening. Lifeguards learn to be proactive and not reactive. Responding to

emergencies of course is part of the job, but being diligent so you don't have to is just as important.

Indeed, there absolutely are roles that lifeguards take on with their superpowers. Lifeguard responsibilities include scanning and monitoring their area for dangers, watching and warning swimmers if unsafe conditions happen, keep order at their surroundings, and if there is an emergency situation respond immediately. One role that is easily overlooked is to be a good role model for the patrons, especially the children. Many children admire and look up to their pool and waterpark lifeguards, you're their hero.

Lifeguards/Superheroes demonstrate important

life skills daily. They are proficient in communication, excellent team players and understand teamwork, they are great problem-solvers, and demonstrate excellent customer care and service.

You can sign up for the Red Cross Lifeguard Certification course for \$150.00 or you can apply to be a lifeguard and become a superhero for Ardmore Parks and Recreation, and they will certify you for free as part of your job training. They also provide competitive wages for their employees. For more information about seasonal jobs, and superhero opportunities please call 580.223.4844. Not all hero's wear capes, some wear swimsuits. Today we can make a difference.