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APRIL / MAY 2023



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THAT MAGICAL PLACE WHERE EAST MEETS WEST ISTANBUL, TURKEY

**READY, SET HOP!** JOIN THE FUN AT THE 17TH ANNUAL EASTER EGGSTRAVAGANZA

THE GODDARD CENTER PRESENTS TRAVIS LINVILLE **MAKE A** 



WITH FREE SWIM LESSONS FROM **ARDMORE PARKS & RECREATION** 

IMPROVING LIVES TOGETHER AT OKLAHOMA INTEGRATED CARE, PLC

> **CONSTRUCTION CONTINUES** AT THE GODDARD CENTER



# GODDARD

#### **OUR VISION**

- To be a community arts center that includes visual and performing arts for all in South-Central Oklahoma.
- To have an up-to-date art education facility that will be an incubator for arts activities in the multi-county area that enhances school performances and arts programming.
- To be a tourist destination along the I-35 corridor that aligns with the City of Ardmore's Comprehensive Plan to make a "vibrant downtown district."



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\$10,500,000 \$8,850,000 (84%)

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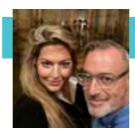
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#### LETTER FROM THE PUBLISHER

#### Put a Spring in Your Step and Happiness in Your Heart!

Most of us prefer the warmer weather that is ushered in by spring. The rollercoaster of winter in our area seems to have cleared the landscape for a renaissance of nature. This is the time of year when colorful flowers bloom, trees bud and turtles, ducks and other wildlife begin to show themselves.

We are blessed to have so many affordable area springtime events, activities and destinations to enjoy in and around Ardmore. Downtown Ardmore is hopping with shopping and dining! Just window shopping along Historic Main Street is a treat and a lovely way to spend a sunny spring afternoon.

Connecting with friends and family through sports or nature is easily accessible in our immediate area. Admore Parks and Recreation offers a vast array of exciting and free or affordable events throughout spring. Many of these activities are featured in this issue.

Wind down your day at The Goddard Center for many engaging events. While still under construction, this state-of-the-art facility, will certainly be elevated to the next level once the remodel is complete. Be sure to read the article in this issue with all the updates.

How fortunate we are to have pristine Lake Murray in our own backyard, offering a perfect weekend stay-cation. Spend the day leisurely kayaking. boating or floating on the beautifully clear water and soaking in the sun.

Take a quick daytrip with a short drive north, the family can enjoy the gorgeous Arbuckle Mountains for hiking and biking or take a drive on the wild side at Arbuckle Wilderness Park to observe and feed wild animals. Frank Buck Zoo is just a short drive south, where you can ride the train and see the animals.

While blessed with all of nature in the area, but we are also starting to see more commerce in the region. Ribbon cutting ceremonies are happing regularly as more businesses set up shop around town. To enjoy up to date information of new businesses in the area - follow us on Facebook, (www. facebook.com/ArdmoreGuideMagazine) where we post events regularly.

We hope that all of our readers enjoy the lifestyle that Ardmore has to offer as much as we do. Please remember to support your locally owned businesses, because they are the first to support your area organizations. As always, we thank our advertisers. Without them, we would not be able to share all of the area events and activities with our readers. May a spring be in your step and happiness in your heart!

> Jodie & David Prickett **PUBLISHERS**

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## ON THE COVER

**Hop Into Spring** With Ardmore Parks and Recreation

- Letter From the Publisher Put a Spring in Your Step
- 6 Hooks, Scales & Big Fish Tales That's What the Kid's Fishing Derby is Made Of
- Ready, Set, Hop! Join the Fun at the 17th Annual Easter Eggstravganza
- 9 Oklahoma Integrated Care, PLC Improving Lives Together
- 10 **Construction Continues** At The Goddard Center
- 12 Be Cool In the Pool Make Your Summer Celebration Special At The Ardmore Waterpark

- 13 Make A Splash! FREE Swim Lessons
- 14 That Magical Place Where East Meets West Discover Istanbul, Turkey
- 16 Youth Art Camp 2023 **Enrollment Now Open**

Travis Linville In Concert Friday, April 21 | 7:30pm

- 18 Area Church Guide And Religious Organizations
- 19 Information Guide Important Numbers You Need
- 20 Around The Town Check out Where We've Been Boppin' Around
- 22 You Can Take It With You

# Hooks, Scales & Big Fish Tales

## That's What the Kid's fishing Derby is Made Of!

If you're hooked of fishing, get ready for a reel good time at the Annual Kid's Fishing Derby. Gather up your fishing gear, bring your pole and plenty of bait and head on over to the kid's pond at Regional Park located at 2704 North Rockford Road. Of course, snacks and prizes will be given out to the participants. There will be prizes and awards for The Most Fish Caught, The Biggest Fish and for The Smallest Fish. This is an event for the

whole family to enjoy. Bring some chairs, sunscreen, water and snacks. Don't

forget grandpa! He will want to come along too.

The Kid's Fishing Derby is on Saturday, May 6th. Registration opens on April 1st. There are three age divisions, from 4-6, 7-10 and 11-15, and the fee is \$5.00 per child.

What a way to spend your day. You are sure to leave with a smile on your face and a fish tale or two to tell!





# Ready, Set, Hop!

### Join the fun at the 17th Annual Easter Eggstravaganza - April 6th



If you want to put all your eggs into one basket, show up at Ardmore's 17th Annual Twilight Easter Eggstravaganza! For almost two decades Ardmore adults realize that children can find things when they are really motivated, like sweets and prizes hidden inside colorful eggs at Easter time.

This annual event is a time for photo taking, memory making and celebrating. It is an egg-cellent way for the entire family to enjoy a delightful evening together. The event will be held at Ardmore Regional Park located at 2704 North Rockford Road. Make sure to bring your flashlights for this dusk hunt. The gates will open at 7:00. There will be plenty of eggs for everyone to find, with showcase eggs for each age group sprinkled throughout!

Hunts are for children from three to ten years old, and they are broken into groups of three to four, five to six, seven to eight and nine to ten years of age. This insures everyone will have a chance to fill their baskets. The event will kick off with the hunt at dusk beginning with the three to four-year-old children, following with the other age groups shortly after.

Besides the egg hunt there will be several other family friendly events, including inflatables to jump on, carnival games to win, thought-provoking guessing games as well as other Easter themed events. The gate charge is \$2.00 per child and includes most of the festivities. There are nominal additional fees for facepainting, pictures with the Easter Bunny and concessions. For more information, please visit Ardmorecity.org or call 580.223.4844.





## Coming Soon

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# Loyalty in action

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klahoma Integrated Care, PLC, conveniently located at 1013 15th Avenue NW in

klahoma Integrated Care, PLC, conveniently located at 1013 15th Avenue NW in Ardmore, is a collaborative team-based model of psychiatric and primary care. It is a progressive facility that can effectively treat mental illnesses and physical health all in one setting. With an integrated practice, multifaceted health care providers work collectively in a synchronized method to deliver treatment to patients in order to provide a cohesive level of care unlike anyplace else in the area. They offer a complete patient centered experience all under one roof making overall health and wellness so much easier.

If you are like most individuals, you find the relentlessness of going to one doctor, just to be refereed to another health care provider both time consuming and fragmented. Regrettably, disjointed physical health and mental health care is almost always a reality. Come experience a whole new concept and forward-thinking place of treatment at Oklahoma Integrated Care, PLC. Being able to address behavioral health care, mental illness and physical health care all at the same location in Ardmore is the brainchild of Tasha Preston APRN-CNP, PMHNP-BC. By pulling together an acclaimed team of local professionals she made her ideal place of treatment a reality.

Oklahoma Integrated Care, PLC is an outpatient family practice and psychiatric clinic that servs all ages, both in person and virtually. They offer primary care that provides continuing and comprehensive health care, for individuals and families, across all ages, genders, diseases, and parts of the body. Additionally, they provide treatment for ADHD,

depression, anxiety, mood disorders, and other psychiatric disorders. They specialize in medication assisted treatment for substance use disorder.

Oklahoma Integrated Care, PLC provides access to a dedicated team of highly experienced Nurse Practitioners and Mental Health Professionals that work in tandem to provide timely, personalized care. At Oklahoma Integrated Care, PLC, you will find everything from an extra boost through life coaching, to coping with life debilitating grief, or working through the struggles of substance use, these, along with other physical, mental or behavioral health care issues can be treated by their capable collective.

This objectives at Oklahoma Integrated Care, PLC, is to provide not just a timely, but a high-quality family practice with extraordinary mental health care. They have built a local multidisciplinary community health team with a passion for enriching lives and building a stronger community by helping to restore balance and sense of well-being to their patients.

The professionals at Oklahoma Integrated Care, PLC treat different age groups and have varying specialties. Medication assistance is offered for drug use disorder. Psychiatric medication management is available. Their clients receive individualized care by the team that best suit their individual distinctive needs.

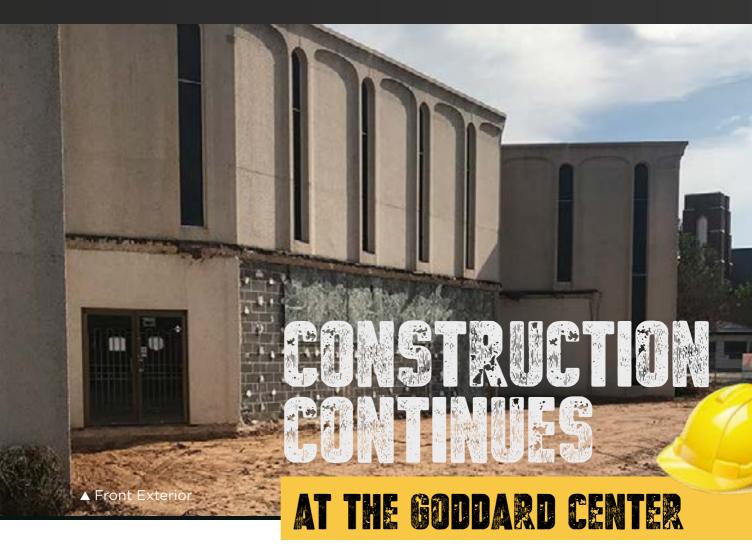
Other services provided include life coaching, support with weight loss, goals towards better health or more balanced work-family life are offered. Their team of Family Nurse Practitioner's also offer health injections to support you in your health goals.

Oklahoma Integrated Care, PLC offers a private and safe space for their patients. The in-person appointments take place in their office where patients share their mental health concerns, have screenings completed, discuss treatment options and receive the care that best suits their individual needs with a qualified professional.

New patients with all needs and of all ages are now being accepted.
Please call 580.238.4277 for more information, or to schedule an appointment.

Most insurances are accepted.





he Goddard Center is proud to have just finished its first round of classes in our freshly renovated Art Studios building. But if you missed signing up for a popular class, don't worry! Our art classes for kids and adults are offered four times a year, in 6 week long semesters. And the Goddard Center's Youth Summer Art Camp for children 6 to 13 years old is right around the corner in July. Enrollment is underway, but due to the remodel, space is especially limited this year!

The Goddard Center's business office has now fully moved into the Art Studios at 425 1st Ave SW in Ardmore, and our big class room is again available as a rentable venue. If you haven't visited us yet, come by for a tour!

The Goddard Center's main building is in currently being stripped to its raw essentials, some walls are being removed, and preparations have started for the new construction to the façade and West side of the facility. Among the new amenities to look forward to will be the open and inviting glass foyer with expanded lobby, a more spacious venue in the galleries and increased ADA restroom capacity, just to name a few.

Meanwhile, the 2022-2023 Performance Season is continuing at different locations around town. Master storyteller, griot, and Renaissance man, Al Bostick, took to the stage at the First Presbyterian Church in February. Electric violin virtuoso Tracy Silverman performed at 109 West Main Street in Ardmore, formerly Black Mesa Tap Room, on March 31st. And Oklahoma's own singer songwriter Travis Linville will perform at that same location on Friday, April 21st at 7:30pm. Please call the office to get the most up-to-date information on our prgrams, join our E-blast List or follow us on Facebook. Linville has toured all over North American and across the pond performing his unique brand of Okie roots music with a side of world class musicianship. In addition to his over 20 years of relentless touring and releasing seven different albums of music since 1999, Linville also lends his musical talents to other artists (such as Jimmy Lafave and John Fullbright) as a "plays everything" sideman. With sounds in his arsenal that include country, folk, jazz and blues, Travis Linville can express himself on more than ten instruments; including, but not limited to, the acoustic and electric guitar, the

dobro, pedal steel guitar and the mandolin. This amazing concert is FREE to Goddard Center Members!

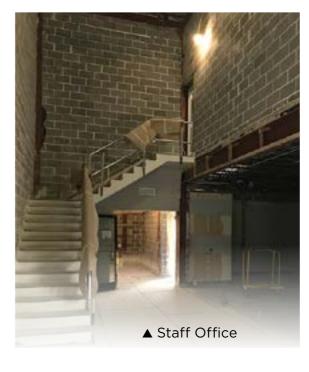
The Metropolitan Opera series has officially moved to the Bradshaw Event Center connected to Rhonda's Catering kitchen at 25 West Broadway. The Met's latest production of Giuseppe Verdi's glorious Shakespearean comedy "Falstaff" will air on Saturday, April 8th. And Richard Strauss's grand Viennese comedy "Der Rosenkavalier" will air on Saturday, April 29th. These shows start at 11:55am. As with all of the Met Opera programs, a light meal included in the cost of admission will be served one hour prior. Reservations must be made in advance to ensure food service.

As this massive undertaking moves forward in phases, we would be remiss not to remind the public and our patrons that we still need your help. The Goddard Center annually offers affordable art classes for kids and adults, free art exhibits, as well as performances to the over 320,000 residents of Texoma. Our quality of life enhancing opportunities include free outreach shows to both the underserved in our community and to area middle & high school students. Through our scholarship program both adults and students on any government assistance receive free art classes year-round.

Donations to our Capital Campaign are completely tax deductible. Pledges can be paid over months or years, and qualified distributions from retirement accounts are an easy way to erase your tax bill while supporting the Arts in Ardmore. Give today by calling 580-226-0909 or visit www.goddardcenter.org



▲ New Bathrooms





▲ Kitchen Looking Into Gallery



▲ Lobby Demo



For your next warm weather party consider keeping it cool at Ardmore Waterpark. It's a perfect place to host your upcoming party. What's more fun than splashing around with friends in the pool on a warm evening? Celebrating a birthday or event while splashing around with friends is the ultimate fun. The best thing is Ardmore Parks and Recreation has the venue for you to do just that!

The fun and friendly staff will love helping you with your next celebration success. It's as easy as contacting Ardmore Parks and Recreation at 580.223.4844 and selecting your party time. You can book your private party as early as May 1st to get your preferred time slot. The welcoming staff can answer all of your questions for you at your time of booking.

All parties are from 6:30 p.m. to 8:00 p.m. There are also special Saturday morning rentals that are available by contacting the Parks and Recreation office at 580.223.4844. Spaces are limited so make sure you arrange these early in the season.

#### Check out our affordable rates!

\$200 for Parties of 50 people or less.

This includes \$80.00 due at the time of booking with the remainder paid to the Manager on Duty with cash and in small bills the day of the party.

> \$220 for Parties of 51 people or more.

This includes \$80.00 due at the time of booking with the remainder paid to the Manager on Duty with cash and in small bills the day of the party.

#### **Pavilion Parties are also available!**

# SPLASH PACK

### **BASH PACK** \$185

Ardmore Parks and Recreation are excited to announce that they are now offering Birthday Party Packages! They want hosting a party to be a breeze! They get the cake, provide the meal, plastic ware, and you enjoy the party! And guess what?! The birthday child gets a return Waterparks pass so he or she can come back another time!

They are accepting reservations beginning May 1st atwww.secure. recl.com/OK/ardmore-ok/catalog or the Ardmore Parks and Recreation Office! Birthday Party Packs are offered Saturday and Sunday. Schedule your Saturday Parties: 2:00 p.m. to 4:00 p.m. or Sunday Parties: 2:00 p.m. to 4:00 p.m. These parties are sure to delight.

The Splash Pack is \$120.00 and includes two hours of pavilion rental, waterpark day pass for 10 children and two adults, hot dogs, chips and one drink for 10 guests, themed party plates, forks, and napkins for 10 people and a free return pass for the birthday child.

The Bash Pack is \$185.00 and includes two hours of pavilion rental, waterpark day pass for 15 children and two adults, hot dogs, chips and one drink for 15 guests, party plates, forks, and napkins for 15 people and a free return pass for the birthday child. You also receive 15 party favors, and a t-shirt for the birthday child.

Whichever party you choose you can't go wrong. Enjoy all of the fun and let the gracious staff at Ardmore Parks and Recreation take care of all of the details.

For more information visit, www.ardmorecity.org/435/Birthday-Party-Packages. It will be a splashing cool time!

# Make A



# with FREE Swim Lessons at Ardmore Parks & Recreation

Put some splash in your summer! The Ardmore Parks and Recreation Department will again be offering swim lessons at the Ardmore Community Waterpark. These classes will be provided in two-week sessions beginning June 1st.

Our swim lessons are free for all participants. Register for summer swim lessons online at https://secure.rec1.com/OK/ardmore-ok/catalog or at the Parks and Recreation office located at 2704 N Rockford Rd starting at 8:00 a.m. May 11th. Classes will be filled on a first come, first serve basis.

For more information, please call 580-223-4844.

#### **SWIM LESSON LEVELS:**

#### Parent/Child

This class is a basic introduction to pools and water. This class is designed to make the child feel comfortable in water and introduce simple principles for future development.

#### Preschool

(Ages three years to five years )

Orients preschool-age children to aquatic environment and to help them acquire rudimentary levels of basic aquatic skills. Participants start at three years of age and must be 100% toilet trained.

#### Level 1 Introduction to Water Skill

Begin developing positive attitudes, good swimming habits, and safe practices in and around the water. Participants start at about six years of age.

#### Level 2 Fundamental Aquatic Skill

Gives participants success with

fundamental skills, including learning how to float without support and to recover to a vertical position.

#### Level 3 Stroke Development

Builds on the skills in Level 2 by providing additional guided practice.

#### Level 4 Stroke Improvement

Develops participants' confidence in the strokes learned in Level 3 and to improve other aquatic skills.

#### Level 5 Stroke Refinement

Further learn how to coordinate and refine strokes.

#### Level 6 Swimming and Skill Proficiency

Refines strokes so participants swim with more ease, efficiency, power and smoothness and over greater distances. Also introduces and practices fundamental springboard diving skills.

## MHAT MAGICAL PLACE WHERE EAST MEETS WEST

# ISTANBUL



Turkish Treats

By Jodie Linton-Prickett

Drifting back and forth between relaxation and being on edge, I sipped on a hot apple spiced tea, with tiny nuggets of fruit pieces transferring from my cup to my mouth then dancing on my tongue. I wasn't even sure what led me into the high-pressure carpet shop, slash confectionery shop. Rows and rows of gourmet Turkish Delight filled the shelves in every color under the rainbow, the vivid reds, pinks and greens rolled up covering a chewy gel-like concoction, then coated in chunks of nuts, or rose petals or lotus flowers. The fragrant teas and candies heightened my senses as three men tried to sell me their wares, from carpets, to spices to of course, Turkish Delight.

Overwhelmed and under prepared, I was ready to depart with an eight by ten-inch bag containing a jar of





saffron, a jar of honey and six pieces of Turkish Delight, and a free charm thrown in as a gift. After a vigorous pounding on a handheld calculator by one of the men, 4700.00 Turkish Lira was the magic number. Roughly about \$250.00. The second the credit card was swiped, I knew I had been had, but it was the price I seemed to negotiate to leave the building, and I was almost glad to pay it. I'm far from an inexperienced traveler, Turkey



rounded out my 50th country and my fifth continent. Yet, there I was walking back to the hotel with my tail between my legs.

Turkey had piqued my interest as a teenager, when my grandparents returned from a church trip from Istanbul. My grandmother marveled over the history of the Hagia Sofia and its magnificent architectural feat. How it was originally built as a Christian Church in 537 A.D. and then it was turned into a Mosque then later into a museum. Today it is now a hybrid of an active Mosque and a museum. She told me as you exit the behemoth of a structure, you can turn back and look at what little remnants were left of the Christian mosaics, almost lost completely to time. While only fragments, they were astoundingly beautiful. One day, I knew I would go there.

Due to bouts of unrest, Turkey was on my bucket list and removed, lowered as a must-see priority and elevated. It wasn't until I read Dan Brown's novel, Inferno, that I really knew I had to go to see the Basilica Cistern and my grandmother's beloved Hagia Sofia.

The subterranean palace, the Basilica Cistern, ensnared my imagination. It escalated Turkey back to the top of my list. Unable to even conceive how impressive this structure might be in real life, I absolutely had to see it with my

# C TURKEY





99

Due to bouts of unrest, Turkey was on my bucket list and removed, lowered as a must-see priority and elevated.

own eyes. The construction began in 428 A.D., in the Byzantine era. As you descend about 52 steps down under the plaza area up above, the engineering marvel comes into view. Over 330 salvaged granite and marble columns that soar 30 feet high hold up the ceiling, grated metal walkways suspend you over the water, which mirrors the columns, giving the illusion you are looking down 30 feet, as well as up. I gazed in awe and walked the 105,000 square feet at least twice. Captivated by the Medusa heads and the heartbreaking column of tears, which is said to commemorate the lives lost during the construction. It

This exotic land of over 3,000 Mosques, with soaring minarets populating the skyline is absolutely enigmatic. The calls to prayer are otherworldly, transporting you to a place that feels unreal. Istanbul is vast and heavily populated. Cradled in rolling hills, surrounded by two brilliant seas and spreading over two continents. The food is interesting and delicious with flavors and traditions, which I have never experienced. The streets are filled

with cats, cherished and protected by the Turks. Ruled by three legendary empires, Roman, Byzantine and the Ottoman, with over 8500 years of history, it is no wonder it is the fifth most visited city in the world.

On my last night, I went on a dinner cruise, seamlessly gliding across the sea, we passed almost unknowingly between Asia and Europe. As I sipped on my Turkish Coffee, I watched as a Whirling Dervish slipped into his trance. Truly a sight to behold. As he spun, his long white robe with a full skirt started to open up and swirl fluidly, pulling me into his daze, as he tilted his head, his tall dark hat balanced perfectly without hesitation. It was then, I once again recognized the feeling, lingering between relaxation and being on the edge. I knew it was in my cards to go to this strange, yet mysterious land, but I somehow felt that it was not necessary to ever return.



absolutely made the trip worth taking,







WEEK 1 July 10 - 14

WEEK 2 July 17 - 21

The Goddard Center is pleased to announce enrollment for the Youth Summer Art Camp 2023. Art Camp provides children a wonderful introduction to several forms of visual art. The Camp is for children ages 6 to 13, with volunteer opportunities for

older teenagers. Each day brings a new project that may include a variety of different mediums from drawing, painting, sculpture, pottery, printmaking and crafts. Due to our renovations, this Summer's Art Camp will not feature a dance or theatre component and student numbers will be limited.

The Art Camp takes place at the Goddard Center's Art Studio, where all materials are provided, and our instructors are current and former art educators with years of experience. The first week of Summer Art Camp runs from July 10th through the 14th, and the second week is from July 17th through the July 21st. The cost is \$135 per week. Due to the reduced class size and our wish to serve as many children as possible, we will ask parents who want their kids to attend both weeks to go on a waiting list. Classes begin at 9am and end at 2:30pm. Children bring their own lunches and wear clothes they can get dirty.

To register please call the Goddard Center Office at (580) 226-0909. Scholarship opportunities are always available and applications can be found online at www. goddardcenter.org. The Art Studios facility is located at 425 First Ave SW in Ardmore. Funding for the Youth Summer Art Camp is provided in part by the Oklahoma Arts Council and the National Endowment for



#### FRIDAY APRIL 21 | 7:30 PM

The Goddard Center is excited to present Oklahoma singer song-writer "Travis Linville" on Friday, April 21st at 7:30pm. This concert will be held at 109 West Main Street in Ardmore, formerly Black Mesa Tap Room. This show will not have assigned seats. This event will have a cash bar and offer light appetizers.

There are songwriters and then there are songwriters who are also virtuoso musicians capable of playing with anyone in any situation. Travis Linville is one such musician. From his great low-key songs that draw from a myriad of influences to his great playing with folks like Hayes Carll, Travis is one of the finest musicians to ever hail from the Sooner state.

Linville has toured all over North American and across the pond performing his unique brand of Okie roots music with a side of world class musicianship. In addition to his over 20 years of relentless touring and releasing seven different albums of music since 1999, Linville also lends his musical talents to other artists (such as Jimmy Lafave and John Fullbright) as a "plays everything" sideman. With sounds in his arsenal that include country, folk, jazz and blues, Travis Linville can express himself on more than ten instruments, including acoustic and electric guitar, the dobro, pedal steel guitar and the mandolin, just to name a few.

A sought-after collaborator, Linville's touring instrumental work includes too many artists to count. Combined with his hundreds of solo shows, these collaborations and his record catalog, including 2021's I'm Still Here LP, have built for Linville a dedicated group of fans equally enamored of his nonchalant technical skill, artistry and taste.

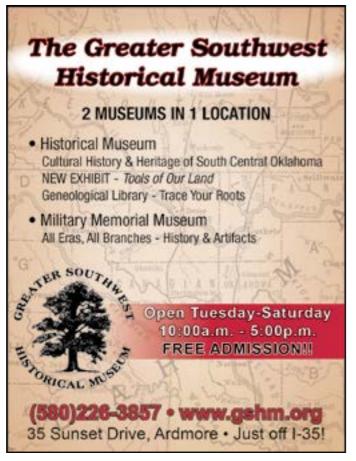
Goddard Center Members can make reservations for FREE to this event! Tickets for the general public are \$21.50 for Adults and \$11.50 for Students. Tickets can be purchased in-person or by calling the Goddard Center business office at 580-226-0909 during regular business hours, Tuesday through Fridays 10am to 5pm. The Goddard Center Offices are temporarily located at 425 1st Ave SW in Ardmore. This event is sponsored in part by the Oklahoma Arts Council and The National Endowment for the Arts. The Goddard Center is an Adventure Road Partner.

Them You Found Them in ArdmoreGuide

the Arts.







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### Ardmore Area Church Guide



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CrystalRock Cathedral 2005 12th Ave. NW • Ardmore 580.226.2273

#### **BAPTIST**

Bethel Baptist Church 126 K St. NW • Ardmore 580.223.6488

Bible Baptist Church 1515 Easley Dr. • Ardmore 580.223.6629

**Brock Baptist Church** 3599 Brock Rd. • Ardmore 580.657.3965

Central Baptist Church 320 N. Washington St. • Ardmore

CenterPoint Baptist Church 971 F St. SE • Ardmore

Children of the King Baptist Church 800 D St. SE • Ardmore 580.226.4245

Corinth Baptist Church 1022 N Street NE • Ardmore 580-223-5026

**Emmanuel Baptist Church** 120 Highway 142 E. • Ardmore 580.223.4034

Faith Southern Baptist Church Dickson 7575 State Highway 199 • Ardmore 580.226.3722

First Baptist Ardmore 225 1st Ave. SW • Ardmore 580.223.1473

First Baptist Church 16 E. St. NE • Ardmore 580.223.8886

Hilltop Church 4635 W Broadway St. • Ardmore

Macedonia Baptist Church 1020 7th Ave. NE • Ardmore 580.223.6462

Maranatha Free Will Baptist 1906 Myall St. • Ardmore 580.226.0682

Mary Niblack Road Baptist Church 898 Mary Niblack Rd. • Ardmore 580.226.0931

Mt Pleasant Baptist Church 3089 Pleasant Rd. • Ardmore 580.294.3032

Mt Zion Baptist Church 101 F St. SE • Ardmore 580.223.6807

**New Heights Missionary Baptist** 1003 Lake Murray Dr. S • Ardmore 580.223.2823

Northwest Baptist Church 1609 Robison St. • Ardmore 580.223.1691

Rawhide Cowboy Church 1405 Gene Autry Road • Ardmore 580-920-5977

Southwest Baptist Church 2120 Myall St. • Ardmore 580.223.3609

Spanish Baptist Church 708 St. NW • Ardmore 580.223.5519

Stobtown Freewill Baptist 11001 Meridian Rd. • Ardmore 580.657.6295

WOW Church 100 N. Washington St. • Ardmore 580.222.1969

#### **CATHOLIC**

Saint Mary Catholic Church 125 E. St. SW • Ardmore 580.223.0231

#### **CHURCH OF THE NAZARENE**

Church of the Nazarene 621 Cottonwood St. • Ardmore 580.223.2826

#### **EPISCOPAL**

St Philip's Episcopal Church 516 McLish St • Ardmore 580.226.2191

#### FIRST CHRISTIAN CHURCH

First Christian Church 25 West Broadway • Ardmore 580 • 223 • 8462

#### LATTER-DAY SAINTS

The Church of Jesus Christ of Latter-day Saints 4123 Prairie Valley Rd. • Ardmore 580.226.2134

#### **LUTHERAN**

Trinity Lutheran Church 1624 Harris St. NW • Ardmore 580.223.3048

#### NONDENOMINATIONAL

Anchored Soul Bible Church 7575 Sam Noble Pkwv. • Ardmore (Faith So. Baptist Church building)

Calvary Christian Fellowship 2201 4th Ave. NW • Ardmore 580.226.4765 Christ Community Church 2620 Mt. Washington Rd. • Ardmore 580-226-0677

E Main Church of Christ 920 East Main St. • Ardmore 580.319.4457

H2OArdmore.tv 4420 W Broadway St. • Ardmore 580.223.4426

Harvest Fellowship 307 4th Ave SE • Ardmore 580.798.0282

House of Prayer 2116 Harris St NW • Ardmore 580.226.3430

Lord's Church 928 Lake Murray Dr. S. • Ardmore 580.224.0777

Maxwell Avenue Church of Christ 1951 Merrick Dr. • Ardmore 580.223.9636

Memorial Christian Church 1117 A St. NW • Ardmore 580.223.3868

McReynolds Ministries 911 Red Cedar Rd. • Ardmore 918.759.8274

New Hope Church of God 412 Lake Murray Dr E • Ardmore 580-223-9404

The Jar HFV Wilson Community Center 625 E Main St · Ardmore

#### **METHODIST**

Asbury United Methodist Church 516 Maxwell St. NW • Ardmore 580.223.4837

Church First Methodist 120 Birch Rd. • Ardmore 580.657.4158

McLish Avenue Church of Christ 607 McLish St. • Ardmore 580.223.3289

First Methodist Church Ardmore 501 W. Main Street • Ardmore 580-223-5390

#### **PENTECOSTAL**

Amazing Grace Pentecostal Church of God 1501 7th Ave. NW • Ardmore 580.226.1349 Baum Assembly of God 351 Baum Rd • Ardmore 580.389.5276

Full Gospel Lighthouse 1519 W Main St. • Ardmore 580.226.4034

Southwest Pentecostal Church 1004 C St. SW • Ardmore 580.226.2153

The Sanctuary 905 N. Rockford Rd. • Ardmore 580-223-8119 Pastor: Allen Dorries

Victory Temple Church 536 E. Main St. • Ardmore 580.226.8018

First Presbyterian Church 223 W. Broadway • Ardmore

#### **RELIGIOUS ORGANIZATIONS**

Salvation Army 123 A St. SW, Ardmore, OK · 580.223.6176

Salvation Army Family Store 1211 N. Washington St. • Ardmore 580.223.6279

Dial-A-Prayer, 501 W. Main St • Ardmore 580.223.1345

Baptist Home for Girls 225 W. Main St. • Ardmore 580.319.4301

Falls Creek Baptist Conference Center 6714 Hwy 77D • Davis 580.369.2373

Westgate Christian Center 5509 W. Broadway St. • Ardmore OK · 844.873.7390

Hickory Center Day Care 1408 4th Ave. NW • Ardmore 580.490.9484

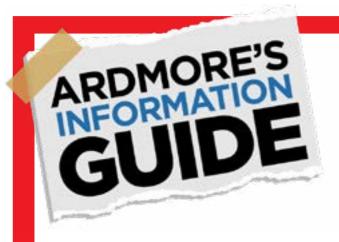
#### **SOUTHERN BAPTIST**

Grace Place 1025 6th Ave. NW • Ardmore 580.223.5346

Trinity Baptist Church 320 Washington St • Ardmore 580.223.8255

Please email us at info@ardmoreguide.com to add your church, update listings or make changes or corrections.





## IMPORTANT PHONE NUMBERS

Ambulance / Emergency / Fire / Police: 911

Poison Control: 1-800-222-1222

Police Non-Emergency: (580) 223-1212

2-1-1 Help Line: 211

#### **UTILITIES**

City of Ardmore: (580) 226-2100 www.ardmorecity.org

Oklahoma Natural Gas: (580) 223-3333 www.ong.com

OGE Energy Corp. 1-800-272-9741 www.oge.com

CableOne: (580) 223-9600 cableone.net/internetprovider/ardmore-ok

Chickasaw Personal Communications 1-800-927-2027 www.chickasawphone.com/ residential

AT&T: 1-800-464-7928 www.att.com

#### **USPS IN ARDMORE**

208 1st Street SW Ardmore, OK 73401 (580) 223-1583

#### **HOSPITAL**

Mercy Hospital: (580) 223-5400 1011 14th Ave NW Ardmore, OK 73401

#### ARDMORE CHAMBER OF COMMERCE

410 West Main Street Ardmore, OK 73401 (580) 223-7765

#### CARTER COUNTY HEALTH DEPARTMENT

Ardmore, OK 73401 (580) 223-9705

#### **PUBLIC SCHOOLS**

Ardmore City Schools: (580) 226-7650 www.ardmoreschools.org

Dickson Public Schools www.dickson.k12.ok.us

Lone Grove Public Schools www.lonegrove.k12.ok.us

Plainview Public Schools: (580) 223-6319 www.plainview.k12.ok.us

Springer Public Schools springerschools.com

Southern Oklahoma Technology Center (580) 223-2070 www.sotech.edu/

University Center of Southern Oklahoma (580) 223-1441 www.ucso.osrhe.edu/

#### **PRIVATE SCHOOLS**

Ardmore Christian School: (580) 223-9592

Oak Hall Episcopal School: (580) 206-2341

#### OKLAHOMA TAG OFFICE DRIVER'S LICENSE

2001 Veterans Blvd., Suite B Ardmore, OK 7341 (580) 223-8664

#### SOCIAL SECURITY ADMINISTRATION

321 Holiday Drive Ardmore, OK 73401 1-888-619-4774



# 合用合品的

# around the town





# Sunset Grill Drop in for lunch at Sunset Grill for one of their delicious Blue-Plate Specials.



# Dew Drop Inn Enjoy a relaxing afterwork beverage with friends. The Dew Drop Inn is a great place to unwind. It's a welcoming environment with friendly and fun servers.

#### A&K Roofing

A&K Roofing celebrated their ribbon cutting ceremony with the Ardmore Chamber of Commerce. They are located at 15242 US HWY 70. Come out and meet the owners of this family owned and operated company.



#### Farm Bureau

Ardmore Chamber of Commerce hosted a ribbon cutting ceremony for Carter County Farm Bureau located at 408 S. Commerce St. The ceremony was followed by a lunch.











Main Street Coffee
For a perfect midday
caffeine boost and a bit of
shopping, visit Main Street
Coffee in The Depot District.











Elliott Appliance & Repair
Ardmore Guide had an excellent evening at
Elliott Appliance and Repair's Business Expo.
If you are looking for appliances - this is your
place! Shop Local!





## Recycled Art Contest Exhibit 2023 Ardmore Beautification Council and Carter County Litter Poster Contest Award Reception

County Litter Poster Contest Award Reception was held at MTC Federal Credit Union and cohosted by The Goddard Center. The winning entries were exceptional!

The Carter County Litter Poster Contest is part of the Keep Our Land Grand Litter poster contest sponsored by the OK Department of Transportation and the OK Department of Environmental Quality. ABC sponsors the LOCAL Carter County contest.

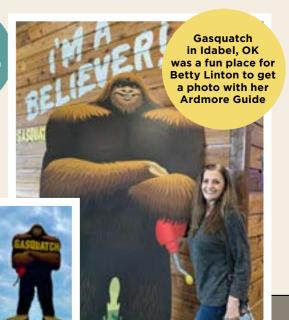


~ From Ardmore to Amsterdam ... and From Zion to Zurich ~

## You Can Take It With You







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If so, send us your photo with your Ardmore Guide to YouCanTakeItWithYou@ArdmoreGuide.com



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Designed for Working **Adults** 

# Oklahoma Integrated Care Improving Lives Together

WELCOME TO

#### Oklahoma Integrated Care

#### Mission Statement

Provide quality integrated care to our community through a collaborative approach to the patients' health care with therapy, mental health, and medical services conveniently available in one location for a unique comprehensive approach to healthcare.

#### Vision Statement

Our vision is to promote integrated care to become the standard of practice allowing for more access to comprehensive healthcare.

#### Goals

- Meet the patient where they are.
- Provide access to providers without barriers.
- Encourage patients to be active participants in their care.

"Anything that's human is mentionable, and anything mentionable can be more manageable. When we talk about our feelings, they becomes less overwhelming, less upsetting and less scary."

~ Fred Rodgers







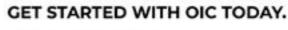
ACCEPTING **NEW PATIENTS** 



INSURANCE







Primary Care Providers Mary Stuard, APRN-CNP Dawnita Sampson, ARON-CNP

1013 15th Ave NW Ardmore, Oklahoma 73401 (580) 238-4277

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#### **INDUSTRY PARTNERS**

**AUTOMOTIVE MANUFACTURING ECONOMIC DEVELOPMENT** RESEARCH AND DEVELOPMENT **ASSOCIATION & TRADE INDUSTRY** 

#### RELATIONSHIPS

LIFETIME MEMBERSHIP **GREAT RATES LOWER FEES CUSTOM LOAN OPTIONS** MEMBER PERKS LOYALTY REWARDS

#### COMMUNITY

MTC Federal is actively involved in giving back to the communities we serve. In the best interest of our members, MTC Federal is committed to fund resources for education, disaster relief, and community charities that benefit our cooperative.

2001 12th Ave. NW, Ardmore, OK 73401 MTCFederal.com | 800-442-7792

Anyone who lives, works, worships or attends school in Carter County can join.



**CHRIS PICKENS** VP of Market Southern Oklahoma





